

SEDALIA

Rhythm/Phase: Rumba, Phase 4 + 2 + 1 [Stop & Go Hockey Stick, Natural Top + Chase Full Turn (U)]
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Release Date: July 16, 2014
Music: "Sedalia" by Tol and Tol CD: Hollands Glorie: Tol and Tol, Track 5
Download: iTunes
Time/Speed: Downloaded file: 3:26 Play at 43 in DM (about 95.5% : 27-28 MPM) or to suit
Footwork: Opposite throughout (*Lady as noted in parentheses*).
Timing: QQS unless otherwise noted, reflects actual weight changes.
Degree of Difficulty: Average
Sequence: Intro, A, B, C, B, C, C, A(1-10), Ending

INTRODUCTION

1-4 WAIT 3X;;; NEW YORKER IN 4;

1-3 {Wait} In low BFLY pos. with M fc Wall lead ft. free wait 3 measures ;;;
QQQQ 4 {New Yorker 4} Thru L with straight leg to LOP pos fc RLOD, rec R to fc prtnr, rk sd L, rec R ;

PART A.

1-4 NEW YORKER; CRABWALKS (LOD);; SPOT TURN;

1 {New Yorker} Thru L with straight leg to LOP pos fc RLOD, rec R to fc prtnr, sd L ending in BFLY-wall, - ;
2-3 {Crabwalks} Toward LOD in BFLY XRIF, Sd L, XRIF, - ; Sd L, XRIF, sd L, - ;
4 {Spot Turn} Swiveling 1/4 LF on left ft Fwd R twd LOD trng 1/2 LF, rec L trng 1/4 to fc prtnr, sd R, - ;

5-8 OPEN BREAK; AIDA; SWITCH ROCK; SPOT TURN;

5 {Op Break} Rk apart L to LOP-fc pos with rt arm ext to sd, rec R lowering rt arm, sd L, - ;
6 {Aida} Thru R trng RF, sd L cont RF turn, bk R ending in slight back to back V pos, - ;
7 {Switch-Rock} Trng LF to fc prtnr sd L checking & bringing joined lead hands thru, rec R, sd L to end fc Wall, - ;
8 {Spot Turn} Repeat Part A, meas. 4 ;

9-11 ALEMANA;; NEW YORKER IN 4;

9-10 {Alemana} Fwd L, rec R, cl L leading W to comm turn RF raising left hand high and palm-to-palm, -
(*Bk R, rec L, sd R with sl RF swivel to fc prtnr's left side and rt hand high palm-to-palm, -*) ;
Bk R, rec L, sd R, - (*cont RF turn under raised lead hands Fwd L, cont RF turn fwd R, sd L twd RLOD, -*)
ending with lead hands joined M fc-Wall ;
QQQQ 11 {New Yorker 4} Repeat Intro, meas. 4 ;

PART B.

1-4 NEW YORKER; FENCELINE; FWD BASIC TO FAN;

1 {New Yorker} Repeat Part A, meas. 1 ;
2 {Fenceline} Cross lunge thru R twd LOD with bent knee looking toward LOD, rec L to fc prtnr, sd R, - ;
3-4 {Fwd Basic to Fan} Check fwd L, rec R, bk L lowering hands to waist level, - ;
Bk R, rec L comm leading W to Fan pos, sd & fwd R rel tr hands, - (*Fwd L, sd & bk R making 1/4 LF turn, bk L rel tr hands leaving rt foot extd fwd with no wt and fc RLOD, -*) ;

PART B., CONT.

5-8 STOP & GO HOCKEY STICK;; HOCKEY STICK;;

- 5-6 {Stop & Go Hockey Stick} Check fwd L, rec R comm leading W to LF turn, shaping to prtnr cl L, -
(Cl R, fwd L, fwd R trng 1/2 LF ending fc LOD on M's rt sd, -);
Check thru R toward LOD placing R hand on W shldr blade checking her mvt,
rec L comm leading W to RF turn, cl R ending fc Wall, - (Chk bk L, rec R, fwd L trng 1/2 RF to Fan pos, -);
- 7-8 {Hockey Stick} Check fwd L, rec R, cl L with lead hands forming a "window" between prtnrs, -
(Cl R, fwd L, fwd R, -);
Bk R, rec L leading prtnr to turn LF, fwd R toward DRW following prtnr out, -
(Fwd L twd RLOD, fwd R trng LF to fc prtnr and DLC, bk L, -);

9-11 HALF BASIC TO; NATURAL TOP 3 (TO FC WALL); LUNGE SIDE (WITH ARMS) & REC;

- 9-10 {Bas-Nat Top 3} Check fwd L, rec R comm RF turn, cont RF trn sd & fwd L blending to CP fc COH, - ;
XRIB cont RF turn, cont turn sd L, finsh turn to fc Wall cl R in CP, -
(cont RF turn Sd L, cont turn XRIF, finsh turn in CP sd L, -);
- SS 11 {Lunge-Rec} Sd L twd LOD with lunge action sweeping left arm up and out, - , rec R no hands joined, - ;

PART C.

1-4 CHASE FULL TURN (TO HANDSHAKE);; TRADE PLACES 2X;;

- 1-2 {Chase Full Turn} Fwd L trng 1/2 RF, rec fwd R trng 1/2 RF, bk L, - ; Bk R, rec L, fwd R to rt handshake, - ;
(Bk R, rec L, fwd R, - ; Fwd L trng 1/2 RF, rec fwd R trng 1/2 RF, bk L to rt handshake, - ;)
- 3-4 {Trade Places} In rt-handshake pos Rk apt L, rec R trng RF 1/4 to fc RLOD beh W & rel rt hands,
cont trng RF to fc prtnr & COH sd & bk L joining left hands, - ;
In left-handshake pos Rk apt R, rec L trng LF 1/4 to fc RLOD beh W & rel left hands,
cont to trn LF to fc prtnr & Wall sd & bk R joining rt hands, - ;
(Rk apt R, rec L trng LF 1/4 to fc RLOD in front of M & rel rt hands,
cont trng LF to fc prtnr & Wall sd & bk R joining left hands, -);
(Rk apt L, rec R trng RF to fc RLOD in front of M & rel left hands,
cont RF turn to fc prtnr & COH sd & bk L joining rt hands, -);

5-8 OPEN BREAK (and Join Lead Hands); UNDERARM TURN; CROSS BODY (TO HANDSHAKE);;

- 5 {Op Break} In rt-handshake pos Rk apart L with left arm extended to sd,
rec R keeping left arm extended (W lower left arm), sd L comm joining lead hands, - ;
- 6 {UA Turn} With lead hands joined Chk bk R, rec L, sd R, - blending to loose CP
(Swiveling 1/4 RF on rt ft Fwd L trng 1/2 RF under joined lead hands, rec R trng 1/4 RF to fc prtnr, sd L, -);
- 7-8 {Cross Body} Chk fwd L, rec R trng LF to fc LOD leading W to "L" pos, sd L twd COH;
Chk bk R, rec L trng LF to fc COH, sd & fwd R ending in rt-handshake fc COH, - ;
(Chk bk R, rec L, fwd R blending to "L" pos ; Fwd L, fwd R trng 1/2 LF to fc Wall, bk & sd L to fc prtnr, - ;)

9-12 START A FLIRT; TO FAN; HOCKEY STICK;;

- 9-10 {Flirt to Fan} M fcg COH Fwd L, rec R, sd L to Varsouvienne pos-COH, - ; Bk R, rec L, sd R to Fan pos, - ;
(Bk R, fwd L comm LF turn, fwd R cont turning LF to Varsouvienne position, - ;
Bk L, rec R, sd L moving in front of the man turning 1/4 RF to end in Fan position fc LOD, - ;)
- 11-12 {Hockey Stick} Check fwd L, rec R, cl L with lead hands forming a "window" between prtnrs, -
(Cl R, fwd L, fwd R, -);
Bk R, rec L leading prtnr to turn LF, fwd R toward DLC following prtnr out, -
(Fwd L twd LOD, fwd R trng LF to fc prtnr and DRW, bk L, -);

13-16 SHOULDER TO SHOULDER; UNDERARM TURN; CHASE WITH UNDERARM PASS (WALL);;

- 13 {Shoulder to Shoulder} Fwd L to BFLY SCAR pos DLC, rec R, sd L to BFLY-COH, - ;
- 14 {UA Turn} Repeat Part C, meas. 6 blending to low BFLY fc COH ;
- 15-16 {Chase-UA Pass} Fwd L comm 1/2 RF turn keeping lead hands joined low, rec fwd R, chk fwd L, - ;
Bk R, rec L raising joined ld hands leading W to turn LF, sd R ending with ld hands joined fc prtnr & Wall, - ;
(Bk R keeping lead hands joined low, rec L, fwd R twd man's left sd, - ;
Fwd L, fwd R trng 1/2 LF under joined lead hands to fc prtnr, sd L, - ;)

REPEAT PART B.

1-11 **NEW YORKER; FENCELINE; FWD BASIC TO FAN;; STOP & GO HOCKEY STICK;; HOCKEY STICK;; HALF BASIC TO; NATURAL TOP 3 (TO FC WALL); LUNGE SIDE (WITH ARMS) & REC;**

REPEAT PART C.

1-16 **CHASE FULL TURN (TO HANDSHAKE);; TRADE PLACES 2X;; OPEN BREAK (and Join Lead Hands); UNDERARM TURN; CROSS BODY (TO HANDSHAKE);; START A FLIRT; TO FAN; HOCKEY STICK;; SHOULDER TO SHOULDER; UNDERARM TURN; CHASE WITH UNDERARM PASS (WALL);;**

REPEAT PART C.

1-16 **CHASE FULL TURN (TO HANDSHAKE);; TRADE PLACES 2X;; OPEN BREAK (and Join Lead Hands); UNDERARM TURN; CROSS BODY (TO HANDSHAKE);; START A FLIRT; TO FAN; HOCKEY STICK;; SHOULDER TO SHOULDER; UNDERARM TURN; CHASE WITH UNDERARM PASS (WALL);;**

REPEAT PART A, MEAS. 1-10.

1-10 **NEW YORKER; CRABWALKS (LOD);; SPOT TURN; OPEN BREAK; AIDA; SWITCH ROCK; SPOT TURN; ALEMANA;;**

ENDING

1 LUNGE APART;

S 1 {Lunge Apart} Keeping tr hands joined lunge L twd COH shaping to prtnr, ext lead arms up & out , - , - ;